



The Tamkeen Times

Lowering Your Gaze

قُلْ لِلْمُؤْمِنِينَ يَغُضُّوا مِنْ أَبْصَارِهِمْ وَيَحْفَظُوا فُرُوجَهُمْ ذَلِكَ أَزْكَى لَهُمْ إِنَّ اللَّهَ خَبِيرٌ بِمَا يَصْنَعُونَ

'O Prophet!' Tell the believing men to lower their gaze and guard their chastity. That is purer for them.

Surely Allah is All-Aware of what they do. (24:30)



Lowering one's gaze has a special place in our daily lives and spiritual practices. It serves as a constant reminder of the deeply ingrained values of modesty, self-control, and mindfulness in Islam. We should strive to maintain a sense of purity in our hearts and minds by consciously averting our gaze from situations or individuals that may lead to inappropriate thoughts or actions. This practice not only adheres to Islamic teachings, but it also emphasizes the importance of respect, dignity, and ethical behavior in all of our interactions. Lowering our gazes enables us to uphold Islamic principles while also contributing to the development of our moral character and fostering a deeper connection with our spirituality.

المصور

The Fashioner

Allah is the fashioner of all forms, he designed us biologically everything in the exact way he wanted it to be. There is a popular trend going on in the west, where denying biological facts is deemed as being open minded and accepting. Even the slightest thing such as keeping our eyes down when the opposite gender passes by was decreed by Allah because he understands us with our functions better than we do. Allah biologically created us in a certain way that it would make sense to act that way in front of the opposite gender.





October 2023

Rabi Ul Akhar
1445

Saturday Halakah

10/07/23: Open your heart: What is the difference between arrogance and self confidence?

Arrogance is when you need other people around you to compare to yourself and putting them down, where self confidence is not needing other people to show you your skills, and you have confidence in your abilities. If someone has even an atom's weight of Kibr (Arrogance/ jealousy) they cannot enter Jannah.

Open your heart: Someone was doubting Bukhari's credibility, and also discussed the persona of abu huraira as being fabricated because he'd only spent about three years with the prophet pbuh and had transmitted 3-400,000 hadiths.

Actually, the idea that he even transmitted 400,000 hadiths is completely false within the span of three years. Coming from Abu Huraira is 5374 hadiths in 4 years (1460 days), and Abu Huraira was extremely dedicated every day. But either way it was calculated that on average, 4 hadiths were made a day. It was in a hadith that Abu Huraira accompanied the Prophet PBUH with only a little in his stomach, meaning that he relied on nothing else or doing anything else in life but being near the prophet PBUH.

10/14/23: In a Hadith, the prophet PBUH was asked what the best deeds were. He said Jihad for the sake of Allah, then Hajj, there is a connection between the two. When you do Hajj the right way, then you are ready for Jihad. The next Surah is Al Muminoon, the Believers. In the Surah there are descriptions at the Beginning of the believers. They have khushoo3 in their Salah, they refrain from unnecessary speech, they give Zakah, etc. At the end of the Surah, Allah SWT talks to the disbeliever. He SWT says near the end of the Surah that the disbelievers will make fun of the Believers. The next Surah is Surat Al Noor. The Surah describes the Believers as hard willed in the mind. To never be distracted for any reason. Surat Al Noor at the end describes how the Companions should treat the Prophet PBUH. It says that if they were with the prophet PBUH in a gathering, they would never leave or get up unless they seek permission. All these Surahs are connected, they teach things in an order so that the person reading it keeps the lessons of the previous surah in their mind.

10/21/23: Path of a Muslim woman. The traits a Muslim woman should have are preparation of her to raise the next generation of righteousness, this includes being knowledgeable with the right mindset. An important factor is Islamic education and being well versed in current issues whether it be political or societal. Learning Fiqh and Memorizing the Quran, learning Arabic, etc. Another aspect is health and appearance. It should be a given that taking care of your hygiene and looks are essential for carrying yourself and being feminine. Common exercise and watching what you eat is on both sides of male and female, and both should maintain a healthy and semi athletic body to carry out tasks. The concept of obedience. Understanding your relationship with Allah and how he commanded you to treat your husband will allow for a calm house and marriage life. Cooking and cleaning is very important in general. Men and women should know how to cook and clean just as a life skill, but women have the assigned tasks of the household, so being able to have cooking and cleaning as a strong suit will help with maintaining a healthy household (and relationship). And finally educating children. Knowing how to educate your kids correctly, monitor their life in every aspect, ensure that they stay on the correct path.

Sadaqah for Barakah

ISLAMIC RELIEF USA

Islamic Relief USA operates in accordance with Islamic principles and values, but serves people of all faiths, races, and nationalities. The organization works to raise global humanitarian awareness and advocate for policies that address the underlying causes of poverty and suffering. The oppression of the Palestinians has been ongoing for many decades and has resulted in multiple conflicts, military operations, and periods of tension. These conflicts have often led to loss of life, injuries, and displacement of Palestinian civilians, creating a need for immediate humanitarian assistance.

<https://irusa.org>





Story of the Month

The story of Prophet Yusuf PBUH demonstrates the importance of lowering our gaze and trying to avoid sinful situations. After prophet Yusuf PBUH was sold into the slave market in Egypt and fell victim to the attempted seduction by the king of Egypt's wife, he lowered his gaze and ran for the door out. Despite facing schemes and temptations throughout his life, he adhered to moral principles that allowed him to resist sin and maintain his integrity. When her wish was foiled, she sent him to prison, where he remained for some time. In spite of all this, he at length approached close to the Egyptian throne and became the king's chief minister, spreading dawa for the sake of Allah SWT.





Best Quiz Answer

Palestine and Israel War

First of all this is not a war nor a conflict. It is a genocide against Palestinians.

And Gaza is not an open air prison, it is a concentration camp.

Using the right terminology really helps when proving your point of pro-Israeli's come argue with you. Using these terminology gives other another perspective to look at the issue.

Answering this quiz as I am watching the news that recently there was a bomb at a Christian hospital in Gaza, martyring 500 Palestinians, some being mothers and children.

If anyone asked me if I condemn about the surprise attack if hamas, I would reply by do you condemn with the killing (and I would bring the stastics) during the nakba, during the 50 years of occupation, and the genocide happening now?

I've noticed that most of the people in the U.S do not see what is truly happening in Gaza. They only see what the news and Israel want them to see. This propaganda and fake news is being hate to this country too. I heard from a scholar saying that the hare in the U.S is worse than 9/11. So we need to be prepared and be safe.

We all definitely felt useless and wish we can help. Don't forget Allah is with us. So push the phone away and make dua and pray at night. Continue sharing the current news. And go over the history of Palestine. As someone said not only do we have Allah (swt) and our side but we have the true knowledge. True knowledge of Islam and knowledge on history. We aren't blinded and puppets following the tricked of Israeli news. Protests may not help much but they do show how many people stand with Palestine making people to look into it and question why.

Look at your non Muslim friends who are looking at your stories. If they show any interest to what you are putting about Gaza, then continue educating them. Alhamdulillah one of my American friends since I was young slowly changed her perspective about Israel after my post showing the occupation of Palestine.

Learn your history and teach it and be prepared to answer double standard questions.



The Prophet (saw) said:

النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ " إِنَّا كُمْ وَالْجُلُوسَ عَلَى الطَّرِيقَاتِ ". فَقَالُوا مَا لَنَا بِذُ، إِنَّمَا هِيَ مَجَالِسُنَا نَتَحَدَّثُ فِيهَا. قَالَ " فَإِذَا أَبَيْتُمْ

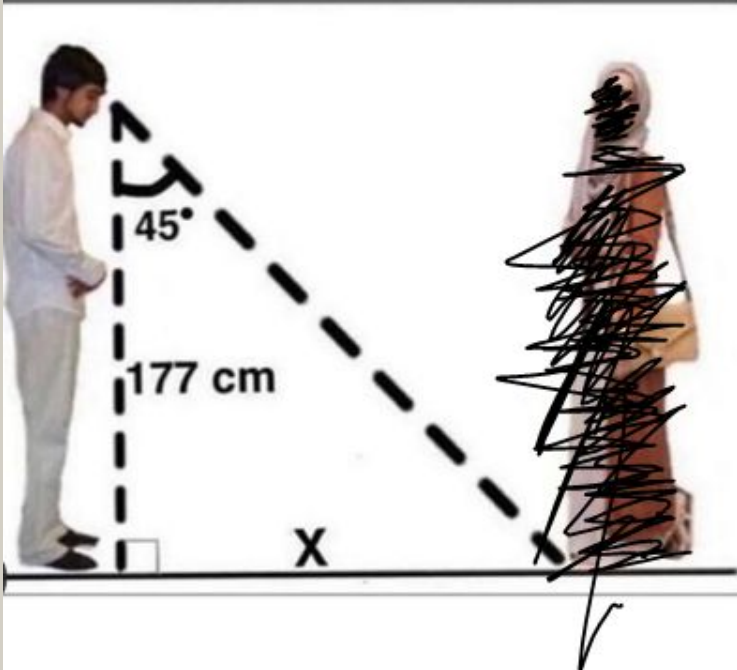
لَا الْمَجَالِسَ فَأَعْطُوا الطَّرِيقَ حَقَّهَا " قَالُوا وَمَا حَقُّ الطَّرِيقِ قَالَ " غَضُّ الْبَصَرِ، وَكَفُّ الْأَذَى، وَرَدُّ السَّلَامِ، وَأَمْرٌ بِالْمَعْرُوفِ، وَنَهْيٌ عَنِ الْمُنْكَرِ ".

The Prophet (ﷺ) said, "Beware! Avoid sitting on he roads (ways)." The people said, "There is no way out of it as these are our sitting places where we have talks." The Prophet (ﷺ) said, "If you must sit there, then observe the rights of the way." They asked, "What are the rights of the way?" He said, "They are the lowering of your gazes (on seeing what is illegal to look at), refraining from harming people, returning greetings, advocating good and forbidding evil."



Tamk-Foolery

Ahmed enters the masjid, stops and immediately lowers his gaze as he sees his crush Fatima. Using the diagram provided below, find the distance between the two, which is identified as X.





Tamkeen News

Tamkeen released its official statement on the situation in Palestine. We stand with Palestine and support their actions. May Allah SWT give them victory, Ameen. Please read our statement and feel free to share it to spread our message.



Tamkeen's Statement on the Situation in Gaza

Tamkeen deeply condemns the recent brutal and barbaric attacks carried out by Israeli forces on innocent Palestinian civilians in Gaza. The rising death toll, the heart-wrenching images of wounded children and devastated families, and the massive destruction of homes and infrastructure serve as chilling reminders of the protracted suffering endured by the people of Palestine.

We, at Tamkeen, stand firmly with our Muslim brothers and sisters in Palestine and recognize their inalienable right to life, dignity, and self-defense against any form of oppression and occupation. Our hearts are heavy with sorrow, but our resolve is unwavering in our commitment to support their just cause and to lend our voices to those who remain unheard.

In our continuous efforts to support the Palestinian cause and to foster understanding, Tamkeen always holds Palestine – Al-Quds in particular – close to our hearts. Recognizing the importance of knowledge as a tool for empowerment, Tamkeen offered a series on the history of Palestine. This series educated our youth about their rich history, heritage, and the resilience of the Palestinian people. By fostering this understanding, we hope to fortify our youth against distorted narratives and corrupted beliefs, ensuring that the true story of Palestine is carried forward for generations to come.

The tragedies unfolding in Gaza are not mere numbers or statistics, but narratives of families torn apart, dreams shattered, and an entire generation growing up in the shadows of violence and fear. The international community must not remain silent and should act decisively to ensure the protection of civilians and uphold international laws and human rights.

Tamkeen reiterates its call for an immediate cessation of hostilities and an end to the long-standing Israeli occupation. We urge global leaders, organizations, and every individual with a conscience to unite in solidarity with the Palestinian people and to advocate for their rights.

Injustice anywhere is a threat to justice everywhere. Today, and always, we stand with Palestine.



The Prophet (SAW) said:

قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ لَا تُتَّبِعِ النَّظْرَةَ النَّظْرَةَ الْأُولَى لَكَ وَالْآخِرَةُ عَلَيْكَ

“Do not follow one glance at a woman with another. You are excused for the first but the second will be counted against you.”



COMIC

